



68th Annual **SWATA**  
SOUTHWEST ATHLETIC TRAINERS' ASSOCIATION  
**SYMPOSIUM & BILLY PICKARD EXPO**  
Arlington, Texas ★ July 21-23, 2022

## WEDNESDAY JULY 20<sup>TH</sup> AND THURSDAY JULY 21<sup>ST</sup>, 2022

DAY	Time	Room	Title of Topic	Speaker
WEDNESDAY	9A-12P	Champions I, II, III	Clinical Practice Sessions for Emergency Management and Transportation	Multiple speakers
WEDNESDAY	9A-12P	World Series II	Safe Space Ally Training for the Athletic Trainer	Meredith Decker PhD, LAT, ATC Neal Stepp, DAT, LAT, ATC
DAY	Time	Room	Title of Topic	Speaker
THURSDAY	9:00A-10:00A	EH 3 - ACC	Appearance and Performance Enhancing Substances: The Pressure to Perform	Donald Hooton Jr.
THURSDAY	10:30A-11:30A	Champions I - II	Recognizing and Treating Multi-Directional Instability of the Shoulder	Michael Teague PT, DPT, COMT, CSCS
THURSDAY	10:30A-11:30A	EH 3 - ACC	Respiratory Emergencies in Athletics: Recognition and Immediate Treatment	Marian Abowd MS, LAT, ATC Jonathan Santana DO
THURSDAY	11:30A - 12:30P	Champions I - II	Financial Wellness for Athletic Trainers	Lisa Ward, MBA Marjorie Kempler, CPA
THURSDAY	11:30A - 12:30P	Champions III	Crisis Etiquette - Keeping your foot out of your mouth	Bubba Wilson LAT, ATC, CCISM
THURSDAY	12:00P- 1:00P	EH 3 - ACC	Covid-19: Considerations for Return to Sport Participation	Shane Miller MD, FAAP
THURSDAY	12:00P- 1:00P	EH 4 - ACC	Implementation of Diversity, Equity, and Inclusion CAATE Standards - PANEL	S. Andrew Cage EdD, LAT, ATC Luzita Vela PhD, LAT, ATC Meredith Decker PhD, LAT, ATC Shaketha Pierce, MS, LAT, ATC Brandon Warner, M.Ed., LAT, ATC Ramonica Scott, PhD, LAT, ATC
THURSDAY	12:30P-1:30P	Champions I - II	Tinnitus: A clinical overview for athletic trainers	Mark Knoblauch PHD LAT ATC CSCS
THURSDAY	1:30P - 2:30P	EH 3 - ACC	Functional Assessment and Rehabilitation of Athletic Hip Injuries: the Groin and Proximal Hamstring	Ryan McGovern PhD, LAT, ATC
THURSDAY	1:30P - 2:30P	Champions III	Navigating the Interaction of Tacit and Explicit Skill to Advance Athletic Training Practice	Sara Stiltner EdD, LAT, ATC
THURSDAY	2:00P-3:00P	EH 4 - ACC	Understanding Lingering Symptoms after Concussion	Stephen Bunt EdD, LAT, ATC, C. Munro Cullum, PhD, ABPP/Cn
THURSDAY	2:00P-3:00P	Champions I - II	Emerging Settings in Athletic Training - Panel	Branay Hicks, MS, LAT, ATC Leanne Wonesh MS, ATC, LAT Karli Collins, MS, LAT, ATC, NREMT, OPE-C Ashley Andrews, LAT, ATC Sara Nuechterlein, M.Ed, LAT, ATC
THURSDAY	2:30P-3:30P	Champions III	Sideline Evaluation & Transportation for Spinal Trauma	David Stuckey MS, LAT, ATC
THURSDAY	4:00P - 5:00P	EH 3 - ACC	NATA/SWATA Forum	
THURSDAY	5:00P - 6:00P	EH 3/EH 4 - ACC	State Forums	
THURSDAY	6:30P-7:15P	Exhibit Hall	Poster Presentations	Various presenters



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**FRIDAY JULY 22<sup>ND</sup>, 2022**

DAY	Time	Room	Title of Topic	Speaker
FRIDAY	7:00A - 8:00A	EH 4 - ACC	Yoga Session	Katie Christensen-Zigenfus
FRIDAY	8:00A - 9:00A	EH 3 - ACC	A Practical Approach to Power Performance with Protein	Amy Goodson MS, RD, CSSD, LD
FRIDAY	8:00A - 9:50A	World Series I and II	SWATA Free Communication Presentations	Various presenters
FRIDAY	9:30A - 10:30A	Champions III	Mindful Self-Care for the Practicing Athletic Trainer: The Evidence and Implications for Mental Health and Patient-Centered Care	Luzita Vela PhD, LAT, ATC
FRIDAY	9:30A - 10:30A	EH 3 - ACC	Advances in Tools for Objective Evaluation of Concussions	Stephen Bunt EdD, LAT, ATC, Nyaz Didehbani PhD
FRIDAY	9:30A - 10:30A	EH 4 - ACC	Orthobiologics 101: It's not all in Vein	Ryan McGovern PhD, LAT, ATC Katherine Kester, MD
FRIDAY	10:00A-11:00A/ 11:00A-12:00P	Champions I-II	Mobilization and Manipulation Techniques for the Thoracic Spine	Brian K. Farr, MA, LAT, ATC, CSCS Kelvin Phan MSED, LAT, ATC, CES
<b>Labs repeat and attendees can go to each one</b>				
FRIDAY	10:00A-11:00A/ 11:00A-12:00P	World Series I and II	Vestibular screening for the athletic trainer	Mark Knoblauch PHD LAT ATC CSCS
FRIDAY	11:00A-12:00P	EH 3 - ACC	Creating an Inclusive Environment for Transgender and Gender-Diverse Patients	Meredith Decker PhD, LAT, ATC Neal Stepp, DAT, LAT, ATC Elizabeth Parke, PhD, LAT, ATC
FRIDAY	11:00A-12:00P	Champions III	How To Evaluate Dietary Supplements	Korey Van Wyk MS, CSCS, Pn2
FRIDAY	11:00A-12:00P	EH 4 - ACC	Managing Weight Loss and Weight Gain in Athletes	Amy Goodson MS, RD, CSSD, LD
FRIDAY	12:00P- 1:00P	EH 4 - ACC	Supplements: Yes, no, maybe?	Amy Goodson MS, RD, CSSD, LD
FRIDAY	12:00P- 1:00P	Champions I-II	Oh my quad: loading up on ACL rehab	Caitlin Nadolny PT, DPT, OCS, FAAOMPT, CSCS Shelbie Miller, PT, DPT, SCS
FRIDAY	12:00P- 1:00P	Champions III	Cardiocerebral Resuscitation: The Key to Surviving Sudden Cardiac Arrest	Grace Savage MS, LAT, ATC
FRIDAY	1:00P-2:00P	World Series I and II	Athletes with Sickle Cell Trait: Do you know how to take care of them?	Scott Galloway MBA, LAT, ATC
FRIDAY	1:00P-2:00P	EH 4 - ACC	How do hydration, sleep and stress affect an athlete and their nutrition?	Amy Goodson MS, RD, CSSD, LD
FRIDAY	1:00P-2:00P	Champions I-II	Whole-Body Reactive Agility Metrics to Identify Athletes with a Core and Lower Extremity Injury Risk	Scott Bruce EdD, LAT, ATC
FRIDAY	1:00P-2:00P	Champions III	Building a successful high school sports medicine student aide program	Aaron Thomas MAT, LAT, ATC Bianca Broughton LAT, ATC Sophia Gutierrez MS, LAT, ATC
FRIDAY	2:00P-3:00P	Champions I-II	Neurodivergent Patient Care in Athletic Training	Lauren Gilliam MS, ATC, CEAS III
FRIDAY	2:00P-3:00P	World Series I and II	Physiologic and Biomechanical Predisposition to Shoulder and Elbow Injury in Pitchers	S. Andrew Cage EdD, LAT, ATC
FRIDAY	2:00P-3:00P	Champions III	Secondary School Athletic Trainers' Clinical Management Decisions on Low Socioeconomic Status Patients	Mayrena Hernandez PhD, MPH, LAT, ATC
<b>AWARDS at 3P</b>				



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**SATURDAY JULY 23<sup>RD</sup>, 2022**

DAY	Time	Room	Title of Topic	Speaker
SATURDAY	8:00A - 9:00A	Champions I	Concussions and Vision: I Don't See It...	Missy Fraser PhD, LAT, ATC
SATURDAY	8:00A - 9:00A	Champions II	Improving Clinical Decision-Making	David Stuckey MS, LAT, ATC
SATURDAY	8:00A - 9:00A	Champions III	Hands on lab - Recognizing and Treating Multi-Directional Instability of the Shoulder	Michael Teague PT, DPT, COMT, CSCS
SATURDAY	9:30A-10:30A	Champions I	Preventing Sudden Death in Sports Using Stakeholders to your Advantage	Brendon McDermott PhD, ATC, FACSM
SATURDAY	9:30A-10:30A	Champions II	Interprofessional Communication Techniques in Athletic Training Education and Practice	Layci Harrison PhD, LAT, ATC Laura Kunkel EdD, LAT, ATC, PES
SATURDAY	9:30A-10:30A	Champions III	Hands on lab - Functional Assessment and Rehabilitation of Athletic Hip Injuries: the Groin and Proximal Hamstring	Ryan McGovern PhD, LAT, ATC
SATURDAY	11:00A-12:00P	Champions I	Quality Improvement Projects – how to show value and need for change to improve patient care	Mallory Garner MBA, MS, LAT, ATC
SATURDAY	11:00A-12:00P	Champions II	TeamSTEPPS Training for Interprofessional Communication	Laura Kunkel EdD, LAT, ATC, PES Layci Harrison PhD, LAT, ATC
SATURDAY	11:00A-12:00P	Champions III	Hands on lab - Oh my quad: loading up on ACL rehab	Caitlin Nadolny PT, DPT, OCS, FAAOMPT, CSCS Shelbie Miller, PT, DPT, SCS



**FREE COMMUNICATIONS**  
**FRIDAY JULY 22<sup>ND</sup>, 2022**  
**WORLD SERIES I and II**

<b>Time</b>	<b>Topic</b>	<b>Presenter</b>
8:00A - 8:05A	Introduction	S. Andrew Cage EdD, LAT, ATC
8:05A - 8:20A	<i>Cardiorespiratory Responses on a Land and Anti-Gravity Treadmill</i>	Sarah Mitchell PhD, ATC, LAT
8:20A - 8:35A	<i>The Effectiveness of the MACE in Assessing Concussion in the Military and Assisting in Return to Full Duty</i>	Candelaria Everett
8:35A - 8:50A	<i>Characteristics of Sickle Cell Trait Policies and Procedures at NCAA Division III Institutions</i>	Marc Eilers MS, LAT, ATC
8:50A - 9:05A	<i>Accelerate Rehabilitation after an Achilles Rupture and Repair in a Collegiate Football Player</i>	Brittane Waddell
9:05A – 9:20A	<i>Suspension Training as an Effective Intervention to Improve Core Stability: A Critically Appraised Topic</i>	Sara Stiltner EdD, ATC, LAT
9:20A – 9:35A	<i>Tenosynovial Giant Cell Tumor Removed from the Right Knee of 37-year-old Active Military Female</i>	Oswaldo Roman